

## Media Interview Question Suggestions for Dr. David Brady

### Topic: Fibromyalgia

1. What got you so interested in fibromyalgia?
2. Can you define Fibromyalgia for us?
3. How is this different from CFS?
4. How do you diagnose FMS
5. Is FMS misdiagnosed often?
6. Why is it so often misdiagnosed?
7. What other disorders cause similar symptoms?
8. How do you then differential FMS from other disorders?
9. What is the typical medical management of FMS and how well does it work?
10. How do you treat it differently?
11. At what point should a person seek professional care rather than selftreat?
12. Where can people learn more about you, your new book *The Fibro-Fix*, and the Fibro-Fix Summit?

### Topic: Autoimmunity

1. Dr. Brady, you have emphasized the topic of autoimmune disorders in many of your publications, your professional lectures and your private practice. What developed your interest in this topic so keenly?
2. You published a paper in the *Open Journal of Rheumatology & Autoimmunity* in 2013 which garnered a lot of attention titled: *Molecular Mimicry, the Hygiene Hypothesis, Stealth Infections and Other Examples of Disconnect Between Medical Research and the Practice of Clinical Medicine in Autoimmune Disease*. That is quite a title. Why did this paper stimulate such a buzz?
3. You suggest that autoimmune disease is a “modern epidemic”. Can you elaborate more on that?

**4.** In your publications, including the one mentioned above, you bring up several specific hypotheses related to why autoimmune diseases have become so prevalent in the Western industrialized countries. I would like to ask you specifically about some of them, including:

- Molecular mimicry
- Hygiene Hypothesis
- Stealth Infections

**5.** You have also written and spoken a lot about being truly “predictive” rather than “reactive” in the dealing with this autoimmune epidemic. Can you give us more detail on how this is possible?

**6.** Are there some “common” approaches you use in the diagnosis and treatment of autoimmune conditions?

**7.** Do you have any parting wisdom to share regarding this topic?

**8.** Finally, where do you practice?

**9.** How can people find more information about you and this fascinating topic?