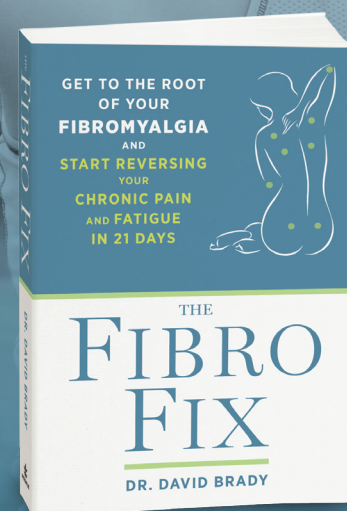


A groundbreaking guide to **resolving fibromyalgia** and uncovering the mystery behind **chronic pain and fatigue.**

Chronic pain affects tens of millions of Americans. Ongoing fatigue affects even more. The combination of fatigue and body-wide chronic pain, often called fibromyalgia, remains mysterious and confusing, and studies show that up to two-thirds of sufferers are misdiagnosed.

Now, leading naturopathic medical doctor and nutritionist David Brady is here with the answer in his comprehensive book **THE FIBRO FIX**. Dr. Brady introduces a revolutionary 21-day treatment program to help readers uncover the real, underlying causes of sufferers' pain and fatigue, determining if, in fact, they suffer from fibromyalgia or from one of the conditions commonly misdiagnosed as the disease. Dr. Brady then presents three simple initial steps toward recovery: detoxification, dietary changes, and movement, to start relieving symptoms for good. The plan then offers deeper, long-term solutions, including both medications and natural approaches.



DAVID M. BRADY, ND is a leading naturopathic medical doctor at Whole Body Medicine in Fairfield, Connecticut. He is the VP of Health Sciences and the director of the Human Nutrition Institute at the University of Bridgeport and the chief medical officer of Designs for Health, Inc., and Diagnostic Solutions Laboratory, LLC. Dr. Brady is a highly sought after presenter and prolific author of medical papers and research articles on fibromyalgia as well as a dedicated champion and advocate for patients suffering with a fibromyalgia diagnosis.

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